

Lancaster Cycling Club  
Open SPOCO 21.6 Mile Time Trial

Lancaster CC Hilly 21.6 Spoco 8th March 2009

Pos	No	Name		Club	Cat	Age	Time
1	41	Adrian	Lawrence	Lancs RC	S	37	0:53:28
2	55	Richard	Harrison	Army CU	S	38	0:56:06
3	11	Duncan	Park	North Lancs RC	V40	42	0:56:13
4	10	Peter	Greenwood	Clayton Velo	V50	57	0:56:27
5	50	Dave	Ebbrell	Preston CC	S	34	0:56:32
6	37	Jonathan	Knox	Herbalife/Wheelbase.co.uk	Jv	15	0:56:52
7	40	Chris	Anderson	TeamProBikeKit.com	V40	45	0:57:28
8	31	Paul	Warrener	Rosendale RC	V40	42	0:57:31
9	60	Alfred	Hilton	Warrington RC	V40	43	0:57:42
10	20	Jerry	Cross	Manchester Wheelers	V40	46	0:57:56
11	34	Shaun	Wareing	Lancs RC	S	20	0:58:30
12	45	John	Ingham	Kent Valley RC	V40	49	0:59:01
13	56	Rob	Dickinson	North Lancs RC	V40	42	0:59:15
14	15	Jose	Pinon-Shaw	TeamProBikeKit.com	V40	41	0:59:29
15	35	Andrew	Johnston	Team Swift	V40	43	1:00:05
16	42	Derek	Schofield	Rosendale RC	V50	55	1:00:07
17	32	Martin	Wallis	TeamWallis-CHH.com	S	34	1:00:23
18	9	Graham	Atkinson	Lancaster CC	V40	43	1:00:24
19	59	Martin	Tonge	Rosendale RC	S	38	1:00:35
20	25	Duncan	Orme	TeamProBikeKit.com	S	37	1:00:46
21	33	Andy	Fisher	National Clarion CC	V40	47	1:00:50
22	38	Andy	Holladay	Lakes RC	V40	40	1:00:58
23	21	Andy	Barlow	Kent Valley RC	V40	47	1:01:04
24	22	Glenn	Rhodes	Barrow Central Wheelers	S	37	1:01:37
25	12	Dougi	Hall	Border City Wheelers	V40	45	1:01:57
26	17	Phil	Shaw	Lancaster CC	V40	41	1:02:23
27	47	Tim	Bennett	Kent Valley RC	V40	43	1:02:49
28	43	Mick	Horne	TeamWallis-CHH.com	S	22	1:03:09
29	58	Eamonn	Quinn	Lakes RC	S	49	1:03:42
30	54	Alex	Forbes	Border city	V40	48	1:03:57
31	49	Adrian	Watts	Rosendale RC	V50	51	1:04:05
32	26	Mike	Westmorland	Border City Wheelers	V60	64	1:04:26
33	51	Peter	Haigh	Nelson Wheelers	V50	55	1:04:42
34	36	Mike	Palmer	Withington Wheelers	V40	44	1:04:43
35	39	Andy	Mortimer	Hewitt Racing	V40	45	1:05:05
36	18	Trevor	Page	Lune RCC	V40	43	1:05:37
37	57	Charlotte	Wadsworth	Ribble Valley CRC	LV40	44	1:06:08
38	28	Stephen	Moorhouse	Nelson Wheelers CC	V50	50	1:06:15
39	13	Leanne	Thompson	Hewitt Racing	L	31	1:06:25
40	24	Sam	Hall	Border City Wheelers	Jv	15	1:06:45
41	53	Barry	Fittes	Barrow Central Wheelers	V70	74	1:07:17
42	27	Lynsey	Anderson	TeamProBikeKit.com	L	36	1:07:19
43	16	Phoebe	Potts	Team Swift	L	29	1:07:46
44	52	Theresa	Taylor	TeamWallis-CHH.com	LV40	49	1:09:00
45	14	Martin	Lee	Bury Clarion	LV40	44	1:10:16
46	44	Diane	Hulbert	National Cycling Academy Team	LV40	43	1:10:46
47	19	Dave	Horton	Lancaster CC	V40	41	1:13:29
48	48	Bill	Smith	Cleveleys RC	V60	60	1:14:13
49	29	David	Tinker	Clayton Velo	V50	51	1:16:41